



Tylney Hall

HOTEL, HAMPSHIRE



Opening Times:

9.00am – 5.00pm Monday & Tuesday

9.00am – 8.00pm Wednesday – Saturday

9.00am – 5.00pm Sunday & Bank Holidays

HEALTH & BEAUTY SUITE
TREATMENT MENU



Tylney Hall offers exclusive treatments from Kerstin Florian with a wide range of facial and body treatments which are both suitable for men and women and only available through Leading Spas and Luxury Hotels.

KERSTIN FLORIAN

Specialises in using natural resources including thermal mineral water, mud, algae, herbal extracts and essential oils which have been inspired by world wide locations to obtain the highest quality treatments available.

All the products used in the Health Suite are available to purchase

Gift Vouchers are available from reception or online.

<https://elite-hotels-tylneyhall.skchase.com/vouchers>

Terms and conditions

All treatment suitability is subject to a consultation card being completed.

If you have health conditions, please contact your GP prior to arrival for a letter of consent or contact our Therapists for advice.

For spa days full pre-payment will be required and is non-refundable.

For treatments booked a cancellation within 24 hours will incur a 50% charge. Cancellation within 12 hours will incur a 100% charge. A discretionary 10% service charge will be added to your bill for all Spa services and will be shared by the entire team. Prices are subject to change without notice; all prices are inclusive of VAT at current rate.

All treatments and pamper days will incur a 10% optional service charge.



Signature Treatments

The Tylney Classic Facial

A purifying treatment for any skin type which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin. A relaxing hand and scalp massage completes the experience.

55 minutes ~ £65.00

The Tylney Luxury Aroma Manicure

This deluxe manicure incorporates a hand exfoliation treatment followed by a thermal mineral and essential oils soak. Cuticles are then enriched with oil and tidied. Enjoy a relaxing hand and arm massage with organic geranium, grapefruit and lavender essence. Includes polish.

55 minutes ~ £52.00

The Tylney Luxury Alpine Foot Treatment

A caring foot therapy for excessively dry, rough, cracked skin, begins with a foot soak in thermal mineral salts enhanced with Eucalyptus oil. Rough skin is exfoliated with creamy salt mixture then soothed with a massage featuring a natural foot balm rich in Menthol, Eucalyptus and Lavender. A pedicure completes the treatment.

55 minutes ~ £52.00

Signature Treatments are continued on page 3

The Ultimate Garden of Dreams Ritual – Revitalise or Relax

Relax and dream of lavender fields, kissed by the French sun, as they envelop your senses and you drift away to a place of calm. Or uplift with essential oils to rejuvenate both your body and mind.

Includes an invigorating full body exfoliation and a body massage, including hot stones on the back and soles of the feet.

85 minutes ~ £90.00

Kerstin Florian Organic Aromatherapy Massage

Enjoy an unsurpassed level of relaxation in this enhanced classic massage which begins with a warm alpine foot ritual and our signature Organic Aromatherapy Calm Mind Ritual, imparting comfort and serenity. The light, 98% organic aromatherapy body oils are based on organic Sunflower as well as wild-crafted and organic flowers, plants, roots and leaves. Guests may choose between four organic aromatherapy blends to customise this ultimate massage experience.

75 minutes ~ £80.00



Facials

The classic, organic aromatherapy and sensitive skin treatments can be taken as a course of treatments to gain continued improvement for the skin.

The Tylney Classic Facial by Kerstin Florian*

A purifying treatment for any skin type which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin. A relaxing hand and scalp massage completes the experience.

*55 minutes ~ £65.00 *A Signature Treatment*

Organic Aromatherapy Facial by Kerstin Florian

Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of Aromatherapy. Centred around a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and is a truly relaxing experience, includes a unique facial acupuncture. A scalp and hand massage completes the experience.

55 minutes ~ £60.00

Sensitive Skin Facial by Kerstin Florian

This ultimate sensitive skin facial protects, corrects and rebuilds skin affected by environmental elements, rosacea, aggressive medical peels and laser treatments. Includes a soothing masque to calm inflammation and uniquely nourish and heal each sensitive skin condition. A scalp and hand massage completes the experience.

55 minutes ~ £60.00



The Refresher Facial by Kerstin Florian

A deep cleansing introductory facial which refines and remineralises dull, lifeless skin. A relaxing face, shoulder and scalp massage completes the experience.

40 minutes ~ £50.00

Eye Rescue Treatment by Kerstin Florian

This facial looks after your skin and the intensive eye treatment is designed to diminish fine lines and wrinkles by up to 27% - improving dark circles, relieving puffy eyes and improving clarity. It will totally rejuvenate this delicate area for brighter, more luminescent eyes.

40 minutes ~ £50.00

This eye treatment can be added to any facial. £15.00 supplement charge.

Kerstin Florian Advanced Age Repair Facial

This results-oriented treatment is customised to address premature ageing skin conditions including hyper pigmentation, fine lines, wrinkles and elasticity. Includes an exfoliating multi-acid or enzyme peel on the face, neck, décolleté and hands to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin. A relaxing hand and scalp massage completes the experience.

80 minutes ~ £85.00

Can be taken as a course of treatments in order to give continued improvement with hyper pigmentation, fine lines, wrinkles and elasticity.

Correcting Detox Facial

A deep cleansing and skin-refining facial specifically designed for congested, oily/problematic skin condition. This targeted treatment focuses on providing immediate lasting results. Includes a professional 30% multi-acid peel followed by a purifying organic masque. Tailored to include steam and extractions, if required. Skin is noticeably brighter with a clear complexion.

55 minutes ~ £65.00

Can be taken as a course of treatments to help balance and heal an oily/problematic skin condition.

Correcting PRO Peel 30

Using an exclusive 30% multi-acid peel, this facial provides immediate results to brighten and help even skin tone. An ideal pick me up before an event or for those who have little time.

Skin is deeply cleansed and toned, followed by a 16-point acupressure massage on the face and scalp. Intensive serums are applied as beauty globes cool and tighten the skin.

40 minutes ~ £40.00

Kerstin Florian Brightening Facial

This results driven facial targets hyper pigmentation (sun spots, brown spots), sun damage, and signs of ageing using high performance skin brightening ingredients to illuminate the skin. The facial includes an exfoliating multi-acid peel, as well as a: deep cleansing facial massage to promote circulation; unique brightening masque and a scalp and hand massage completes the experience.

55 minutes ~ £65.00

New! Gua Sha Instant Lift Facial

This exclusive anti-aging treatment which combines specialised massage techniques with genuine jade tools that will improve circulation, release toxins, and enhance natural hydration, with botanical essences to nourish, replenish and fortify skin. Fascia is released, puffiness reduced and clarity enhanced, leaving face, neck and décolleté smoother, tighter and more radiant. A relaxing hand and scalp massage completes the experience.

55 minutes ~ £70.00

Body Scrubs, Rituals and Wraps

Using natural resources, such as: thermal mineral water, purifying algae, mud, essential oils and herbs - Kerstin Florian Rituals satisfy the body's craving for minerals and nutrients, leaving the body refreshed, relaxed and balanced. The following treatment packages re-mineralise, nourish and balance the body.

Massage treatments are not recommended until after the first trimester of pregnancy.

Organic Aromatherapy Ritual

This unique treatment begins with the Kerstin Florian Alpine foot ritual, followed by an invigorating mineral salt and essential oil exfoliation.

A luxurious organic aromatherapy massage, using pre blended essential oils chosen by you.

80 minutes ~ £85.00

Body Scrub*

Full body exfoliation, followed by an application of body cream, combined with one of our Aromatherapy oils.

*25 minutes ~ £40.00 *Can be added to any massage*

Gentle Body Scrub*

For our more gentle skins, this dry body brush will gently exfoliate to reveal a smoother complexion. A luxurious application of crème will leave skin feeling silky smooth.

*25 minutes ~ £25.00 *Can be added to any massage*

New! Neroli Blossom Sensory Massage

Renew and refresh the bodies energy. Awaken the senses and uplift the spirit with the iconic aroma of Neroli essential oil in this deeply relaxing sensorial experience. This comprehensive treatment combines energy balancing,

lymphatic dry brush and foot cleansing ritual with restorative aromatherapy and meditative massage to renew and revitalize body, mind and spirit.

60 minutes ~ £70.00 90 minutes ~ £85.00

New! The Bee'utiful Candle Ritual

Relax your mind from every day stresses with The Bee'utiful Candle Body Ritual with an invigorating dry body brush, followed by a warm, delicate candle wax massage and scalp treatment. Supporting local bees, these unique candles combined with soy, coconut oil, honey and a blend of Neroli & Vanilla essential oils leave your skin and hair feeling warm and nourished and continue the treatment at home with the remainder of the candle yours to take away with you.

80 minutes ~ £90.00

Natural Spirulina Detox Wrap

Using an all-natural, live Spirulina Algae, this seaweed treatment imparts essential vitamins, minerals and protein to nourish and revitalise the body. Includes a relaxing scalp massage and a nourishing creme mixed with essential oils applied to the body leaving your skin enriched and glowing. Very effective when used as part of a slimming or detox program.

55 minutes ~ £75.00

Can include a pre treatment scrub to aid absorption. Additional £20.00.

Mother-to-be or Post Pregnancy Treatment

The treatment includes a full body exfoliation to promote glowing skin; your legs will be massaged to relieve the tired, strained, feeling and a soothing cream and oil will be applied. A mini facial will then complete the indulgent treatment to take care of your body's pregnancy needs. Also perfect for post-pregnancy.

90 minutes ~ £80.00 (Not recommended until after the first trimester of pregnancy)

Please refer to page 3 for our signature body scrubs, rituals and wraps

Massage

Massage treatments are not recommended until after the first trimester of pregnancy

Back Massage - back, neck and shoulder

30 minutes ~ £40.00

Body Massage- excluding face and scalp

60 minutes ~ £60.00

Full Body Massage- including face and scalp

80 minutes ~ £75.00

**Add in one of our pre-blended Kerstin Florian Aromatherapy oils to any of the above treatments for a £5.00 supplement to enhance your sensory experience.*

Alternative Therapies

Indian Head Massage*

Working on shoulders, upper arms, neck, head and face. Using both relaxing and stimulating techniques to relieve stress and tension.

(Not recommended during pregnancy)

30 minutes ~ £40.00 * Subject to availability

Hot Stone Massage

The original hot stone massage. Warmed volcanic rocks massage away life's tensions and draw you into deep relaxation.

Back, shoulders and scalp 45 minutes ~ £50.00

Therapeutic body 75 minutes ~ £80.00

Reflexology*

Relieve the stresses of every day life with this holistic therapy.

Using a specific pressure technique applied to the feet, where all the internal body structures and organs are mapped or mirrored in miniature.

45 minutes - £50.00 * Limited Availability

Hopi Ear Candles*

A non-invasive treatment that calms the mind and soothes the head and ears. Very effective treatment for numerous conditions such as – Tinitis, glue ear, excess wax and sinus problems.

*30-45 minutes ~ £35.00 * Limited Availability*

Finishing Touches

Eye Treatments

Eye Lash Tint ~ £15.00 (24 hour patch test is required); Eye Brow Tint ~ £10.50 (24 hour patch test is required); Eye Brow Shape - using tweezers ~ £8.00; Eyelash & Eyebrow Tint - £22.50 (save £3.00)

New! Lash Lift and Tint

The Lash Lift is the lash phenomenon that reveals your natural lashes in all their glory. By straightening your natural lashes at the root we lift, volumise and lengthen them. Finishing with a lash tint of your choice to give you that mascara look- a fantastic alternative to lash extensions. Lasting up to 8 weeks with zero maintenance needed, there is no wonder this treatment is wanted by everyone. Patch Test for this treatment is required at least 24 hours prior to the treatment.

50 minutes ~ £45.00

St Tropez

The ultimate self tanning products and treatments. Indulge yourself with an exfoliation followed by a lotion application leaving you with the richest looking tan in a luxurious way.

Full Body ~ £50.00 Part Body ~ £30.00

Waxing

Full Leg ~ £20.00

Half Leg ~ £17.00

Lip and Chin ~ £10.50

Standard Bikini ~ £11.50

Eye Brow Wax ~ £10.00

Under Arm ~ £10.00

Brazilian ~ £25.00

Hollywood ~ £30.00

Back/Chest ~ £18.50

Our waxing specialists use hot and warm wax.

Nail Care

Using Jessica products well known for their signature quality.

Tylney Manicure ~ £30.00

Le Remedi Manicure ~ £40.00

Tylney Pedicure ~ £30.00

Zen Spa Pedicure ~ £40.00

The Tylney Luxury Aroma Manicure

This deluxe manicure incorporates a hand exfoliation treatment followed by a thermal mineral and essential oils soak. Cuticles are then enriched with oil and tidied. Enjoy a relaxing hand and arm massage with organic geranium, grapefruit and lavender essence. Includes polish.

55 minutes ~ £52.00

The Tylney Luxury Alpine Foot Treatment

A caring foot therapy for excessively dry, rough, cracked skin. Begins with a foot soak in thermal mineral salts enhanced with Eucalyptus oil. Rough skin is exfoliated with creamy salt mixture then soothed in a massage featuring a natural foot balm rich in Menthol, Eucalyptus and Lavender. A pedicure completes the treatments.

55 minutes ~ £52.00

GELeration Nail Care

This unique GELeration, is applied like a polish with the durable strength of a gel which can last for up to 21 days without chipping, peeling, or fading and is easily removed in the spa or at home with a DIY removal kit.

The natural nail is cared for and protected throughout the lifecycle of the GELeration manicure or pedicure and the gel acts as a shield for the nails, protecting them and helping them to grow.

*GELeration Tylney Manicure ~ £40.00**

*GELeration Le Remedi Manicure ~ £55.00**

*GELeration Tylney Pedicure ~ £40.00**

*GELeration Zen Spa Pedicure ~ £55.00**

GELeration Removal Only ~ £10.00

GELeration Removal before another Manicure/Pedicure ~ £6.00 (must be pre-booked)

*GELeration DIY home removal kit ~ £13.50 *French polish is an additional £5.00*

Nail care for men

Male Manicure ~ £30.00

Male Pedicure ~ £30.00

*Kerstin Florian treatments featured
are also suitable for men.*

Tylney Hall Pamper Days

All pamper days include:

- Use of the Gymnasium, Swimming Pool, Whirlpool, Sauna, Tennis Courts, Mountain Bikes and Jogging Trails
- Woodland walks in 66 acres of grounds
- Welcome drink and light lunch with fruit juice
- Use of Towels, Robe and Slippers
- 10% off any additional treatments booked

Upgrade options available in certain treatments.

Enjoy a £5.00 voucher towards any retail purchase in the salon over £30.00.

Cannot be used or transferred to another department.

Relaxing Day

A day to relax, unwind and ease away the stresses of everyday life. Back, neck and shoulder (after the first trimester of pregnancy) or Indian Head massage and Express facial.

£105.00

Mother-to-be Day

Enjoy some time to rest, relax and indulge before your new arrival.

Enjoy our Mother-to-be treatment which takes care of your body and facial pregnancy needs followed by a Tylney Manicure or Pedicure.

£135.00 (Not recommended until after the first trimester of pregnancy)

Indulgence Day

Take some time for yourself and be completely indulged with treatments from top to toe. Back, neck and shoulder (after the first trimester of pregnancy) or Indian Head massage, Classic Tylney Facial, Manicure or Pedicure. To finish your day Champagne Afternoon Tea in one of our lounges.

£175.00

Signature Days / The Ultimate Pamper Day

Taking all the elements of the Tylney Hall signature experiences including Body*, hand, foot and facial treatments to create a truly unique and blissful experience. (Not recommended during pregnancy)

£214.00

** Guest have a choice of three body treatments available, Kerstin Florian Organic Aromatherapy Massage, The Ultimate Garden of Dreams Ritual or the Natural Spiritual Wrap.*

Please note there is limited availability at the weekends, so pre-booking is recommended.

Ye of little time...

Why not take 4 hours for yourself, enjoy a swim or relax with a good book and indulge in either a Full English breakfast in our restaurant or afternoon tea in our lounges.

Choose from 1 half hour treatment:

- Mini Manicure
- Mini Pedicure
- Express Facial
- Back massage

Morning arrival 8-9am

Afternoon Arrival 12-1pm

£70.00

Treatment Notes

Spa Etiquette

- Please arrive 15 - 20 minutes before your treatment time. This allows for completion of a medical form and for your treatment to begin on time. Late arrival will limit the time of the treatment and in some cases the appointment may need to be rescheduled. Treatments will end on time so that other guests are not inconvenienced.
- In order to retain a peaceful atmosphere and for consideration to others, we request that mobile phones be turned off or put on silent and conversations are kept quiet when within the treatment area.
- We can provide a robe and slippers if required, during the treatment you will be draped with towels to ensure your privacy.
- Men will be asked to retain undergarments or swimwear for discretion.
- Know that you are in a professional environment and do not expect anything other than therapeutic, salon services.
- Communicate your preferences during treatments so that therapists can adjust to your requirements.
- Gel removal must be pre-booked prior to treatment, otherwise we may not be able to offer the full manicure or pedicure treatment.

Gift Vouchers are available from reception or online.

<https://elite-hotels-tylneyhall.skchase.com/vouchers>



Tylney Hall

HOTEL, HAMPSHIRE

★★★★

Tylney Hall Hotel

Rotherwick, Hook, Hampshire, RG27 9AZ

Telephone: +44 (0)1256 764881

Fax: +44 (0)1256 768141

E-mail: reservations@tylneyhall.co.uk

Website www.tylneyhall.com