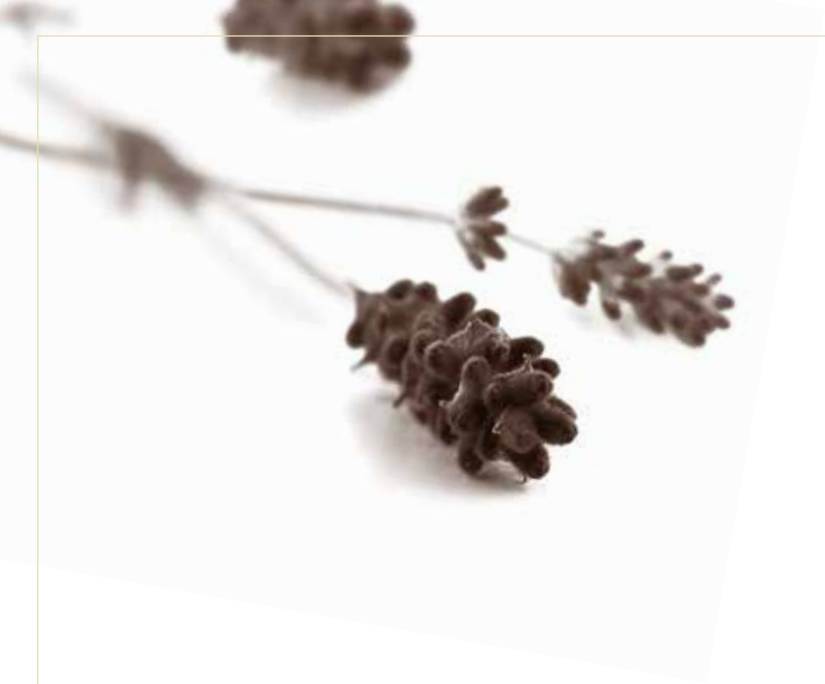

Tylney Hall

HOTEL, HAMPSHIRE

★★★★

Opening Times:

9.00am – 6.00pm Monday & Tuesday

9.00am – 8.00pm Wednesday – Saturday

9.00am – 5.00pm Sunday & Bank Holidays

SPA TREATMENT MENU

Tylney Hall offers exclusive treatments from Kerstin Florian with a wide range of facial and body treatments which are both suitable for men and women and only available through Leading Spas and Luxury Hotels.

KERSTIN FLORIAN

Specialises in using natural resources including thermal mineral water, mud, algae, herbal extracts and essential oils which have been inspired by world wide locations to obtain the highest quality treatments available.

All the products used in the Health Suite are available to purchase

Gift Vouchers are available from reception or online.
www.tylneyhall.co.uk/gift

Terms and conditions

All treatment suitability is subject to a consultation card being completed.
If you have health conditions, please contact your GP prior to arrival for a letter of consent or contact our Therapists for advice.
For spa days full pre-payment will be required and is non-refundable.
For treatments booked a cancellation within 24 hours will incur a 50% charge. Cancellation within 12 hours will incur a 100% charge. Prices are subject to change without notice; all prices are inclusive of VAT at current rate.

Signature Treatments

The Tylney Classic Facial

A purifying treatment for any skin type which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin. A relaxing hand massage treatment completes the experience.

55 minutes ~ £65.00

The Tylney Luxury Aroma Manicure

This deluxe manicure incorporates a hand exfoliation treatment followed by a thermal mineral and essential oils soak. Cuticles are then enriched with our special Myrrh Nail Oil. Enjoy a relaxing hand and arm massage with organic Ylang Ylang, Melissa and Lavender essences. Includes polish.

55 minutes ~ £52.00

The Tylney Luxury Alpine Foot Treatment

A caring foot therapy for excessively dry, rough, cracked skin. Begins with a foot soak in thermal mineral salts enhanced with Eucalyptus oil. Rough skin is exfoliated with creamy salt mixture then soothed in a massage featuring a natural foot balm rich in Menthol, Eucalyptus and Lavender. A pedicure completes the treatments.

55 minutes ~ £52.00

Signature Treatments are continued on page 3

The Ultimate Garden of Dreams Ritual – Revitalise or Relax

Relax. Dream of lavender fields kissed by the French sun envelop your senses as you drift away on calming and relaxing waves of blue. Or Revitalise, with the essential oils of grapefruit and fennel in this completely uplifting and rejuvenating spa experience. Both include an invigorating full body scrub and a body massage, including stones.

85 minutes ~ £90.00

Organic Moor Mud Wrap

Moor Mud is legendary for its powerful therapeutic properties, including a blend of botanical materials, which has had natural interaction with thermal mineral water. Remineralises, soothes and rejuvenates tired muscles and dull skin. Applied in a full body wrap, including optional face application or relaxing scalp massage.

55 minutes ~ £75.00

Kerstin Florian Organic Aromatherapy Massage

Enjoy an unsurpassed level of relaxation in this enhanced classic massage which begins with a warm alpine foot ritual and our signature Organic Aromatherapy Calm Mind Ritual, imparting comfort and serenity. The light, 98% organic aromatherapy body oils are based on organic Sunflower as well as wild-crafted and organic flowers, plants, roots and leaves. Guests may choose between four organic aromatherapy blends to customise this ultimate massage experience.

75 minutes ~ £80.00

Facials

The classic, organic aromatherapy and sensitive skin treatments can be taken as a course of treatments to gain continued improvement for the skin.

The Tylney Classic Facial by Kerstin Florian*

A purifying treatment for any skin type which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin. A relaxing hand massage treatment completes the experience.

*55 minutes ~ £65.00 **A Signature Treatment*

Organic Aromatherapy Facial by Kerstin Florian

Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of Aromatherapy. Centred around a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and is a truly relaxing experience, includes a unique facial acupressure. A scalp and hand massage completes the experience.

55 minutes ~ £60.00

Sensitive Skin Facial by Kerstin Florian

This ultimate sensitive skin facial protects, corrects and rebuilds skin affected by environmental elements, rosacea, aggressive medical peels and laser treatments. Includes a soothing masque to calm inflammation and uniquely nourish and heal each sensitive skin condition. A personalised home program is recommended to continue the aesthetic correction.

55 minutes ~ £60.00

The Refresher Facial by Kerstin Florian

A deep cleansing introductory facial based on organic Moor Mud, which refines and remineralises dull, lifeless skin. Includes a skin analysis and a relaxing face, shoulder and scalp massage.

40 minutes ~ £50.00

Eye Rescue Treatment by Kerstin Florian

This intensive eye treatment is designed to diminish fine lines and wrinkles up to 27%, improve dark circles, relieve puffy eyes, improve clarity and totally rejuvenate this delicate area for brighter, more luminescent eyes.

40 minutes ~ £50.00

This eye treatment can be added to any facial. £15.00 supplement charge.

Kerstin Florian Advanced Age Repair Facial

This results-oriented treatment is customised to address premature aging skin conditions including hyper pigmentation, fine lines, wrinkles and elasticity. Includes an exfoliating multi-acid or enzyme peel on the face, neck, décolleté and hands to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin. A relaxing hand massage completes the experience.

80 minutes ~ £85.00

Can be taken as a course of treatments in order to give continued improvement with hyper pigmentation, fine lines, wrinkles and elasticity.

Correcting Detox Facial

A deep cleansing and skin-refining facial specifically designed for congested, oily/problematic skin condition. This targeted treatment focuses on providing immediate lasting results. Includes a professional 30% multi-acid peel followed by a purifying organic masque. Tailored to include steam or extractions. A thorough skin analysis, extractions as well as a customised home care regime promote healthy-looking, clear skin.

55 minutes ~ £65.00

Can be taken as a course of treatments to help balance and heal an oily/problematic skin condition.

Correcting PRO Peel 30

Using an exclusive 30% multi-acid peel, this facial provides immediate results to brighten and help even skin tone. An ideal pick me up before an event or for those who have little time.

Skin is deeply cleansed and toned, followed by a 16-point acupressure massage on the face and scalp. Intensive serums are applied as beauty globes cool and tighten the skin.

40 minutes ~ £40.00

Kerstin Florian Brightening Facial

This results driven facial targets hyper pigmentation (sun spots, brown spots), sun damage, and signs of ageing using high performance skin brightening ingredients to illuminate the skin. The facial includes an exfoliating multi-acid peel, as well as a deep cleansing facial massage to promote circulation followed by a unique brightening masque to complete the experience.

55 minutes ~ £65.00

Body Scrubs, Rituals and Wraps

Using natural resources such as thermal mineral water, purifying algae, mud, essential oils and herbs, Kur Rituals satisfy the body's craving for minerals and nutrients, leaving the body refreshed, relaxed and balanced. The following treatment packages re-mineralise, nourish and balance the body.

Massage treatments are not recommended until after the first trimester of pregnancy.

Organic Aromatherapy Ritual

This unique treatment begins with the Kerstin Florian Alpine foot ritual, followed by an invigorating mineral salt and essential oil exfoliation. A luxurious organic aromatherapy massage, using pre blended essential oils chosen by you.

80 minutes ~ £85.00

Body Firming Detox Treatment

Refine and firm body contours with a multi-acid peel which exfoliates the skin, followed by our detoxifying and nourishing Spirulina wrap. A massage using a high performance slimming serum (containing Ginger and Caffeine to help break down fat cells) helps to stimulate circulation and lymphatic drainage, tone the skin and remove toxins. Cool compressions are then applied which help sculpt and shape as Multi-Vitamin Firming crème hydrates and brightens the body. This treatment stimulates and improves circulation, leaving the skin feeling smooth and soft.

90 minutes ~ £100.00

Body Scrub*

Full body exfoliation, followed by an application of body cream.

25 minutes ~ £25.00

**Can be added to any massage*

Body Firm and Tone Treatment

NEW! Refine and firm body contours with a multi-acid peel which exfoliates the skin. A massage using a high performance slimming serum (containing Ginger and Caffeine to help break down fat cells) helps to stimulate circulation and lymphatic drainage, tone the skin and remove toxins. Cool compressions are then applied which help sculpt and shape as Multi-Vitamin Firming crème hydrates and brightens the body.

60 minutes ~ £70.00

Natural Spirulina Detox Wrap

Using an all-natural, live Spirulina Algae, this seaweed treatment imparts essential vitamins, minerals and protein to nourish and revitalise the body. Includes a relaxing scalp massage and a nourishing creme mixed with essential oils applied to the body leaving your skin enriched and glowing. Very effective when used as part of a slimming or detox program.

55 minutes ~ £75.00

Can include a pre treatment scrub to aid absorption. Additional £20.00.

Mother-to-be Treatment

Our Unique formulations and textures provide an experience of pure pleasure for the skin from head to toe. A completely indulgent treatment to take care of your body's pregnancy needs.

90 minutes ~ £80.00

(Not recommended until after the first trimester of pregnancy)

Please refer to page 3 for our signature body scrubs, rituals and wraps

Alternative Therapies

Massage treatments are not recommended until after the first trimester of pregnancy

Back Massage - back, neck and shoulder

30 minutes ~ £40.00

*Body Massage- excluding face and scalp

60 minutes ~ £60.00

*Full Body Massage- including face and scalp

80 minutes ~ £75.00

**Add in one of our Kerstin Florian Aromatherapy oils to any of the above treatments for a £5.00 supplement*

Indian Head Massage*

Working on shoulders, upper arms, neck, head and face. Using both relaxing and stimulating techniques to relieve stress and tension. (Not recommended during pregnancy)

*30 minutes ~ £40.00 * Subject to availability*

Hot Stone Massage

The original hot stone massage. Warmed volcanic rocks massage away life's tensions and draw you into deep relaxation.

Back, arms, shoulders and scalp *45 minutes ~ £50.00*

Therapeutic Body *75 minutes ~ £80.00*

Hopi Ear Candles*

A non-invasive treatment that calms the mind and soothes the head and ears. Very effective treatment for numerous conditions such as – Tinitis, glue ear, excess wax and sinus problems.

30-45 minutes ~ £35.00

Finishing Touches

Eye Treatments

Eye Lash Tint ~ £17.00 (24 hour patch test is required)

Eye Brow Tint ~ £10.50 (24 hour patch test is required)

Eye Brow Shape - using tweezers ~ £8.00

St Tropez

The ultimate self tanning products and treatments. Indulge yourself with an exfoliation followed by a lotion application leaving you with the richest looking tan in a luxurious way. *Full Body ~ £50.00* *Part Body ~ £30.00*

Waxing

Full Leg ~ £20.00

Half Leg ~ £17.00

Lip and Chin ~ £10.50

Standard Bikini ~ £11.50

Eye Brow Wax ~ £10.00

Under Arm ~ £10.00

Brazilian ~ £25.00

Hollywood ~ £30.00

Back/Chest ~ £18.50

Make Up

Using Jane Iredale's mineral based and chemical free make up.

Bridal Trial and Day ~ £95.00

Cleanse and Make up ~ £40.00

Nail Care

Using Jessica products well known for their signature quality.

Tylney Manicure ~ £30.00
Tylney Pedicure ~ £30.00
Le Remedi Manicure ~ £40.00
Zen Spa Pedicure ~ £40.00

The Tylney Luxury Aroma Manicure

This deluxe manicure incorporates a hand exfoliation treatment followed by a thermal mineral and essential oils soak. Cuticles are then enriched with our special Myrrh Nail Oil. Enjoy a relaxing hand and arm massage with organic Ylang Ylang, Melissa and Lavender essences. Includes polish.

55 minutes ~ £52.00

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55 minutes ~ £52.00

GELeration Nail Care

This unique GELeration, is applied like a polish with the durable strength of a gel which can last for up to 21 days without chipping, peeling, or fading and is easily removed in the spa or at home with a DIY removal kit.

The natural nail is cared for and protected throughout the lifecycle of the GELeration manicure or pedicure and the gel acts as a shield for the nails, protecting them and helping them to grow.

*GELeration Tylney Manicure ~ £40.00**
*GELeration Tylney Pedicure ~ £40.00**
*GELeration Le Remedi Manicure ~ £55.00**
*GELeration Zen Spa Pedicure ~ £55.00**

GELeration Removal Only ~ £10.00
GELeration Removal before another Manicure/Pedicure ~ £6.00
*GELeration DIY home removal kit ~ £13.50 *French polish is an additional £5.00*

Nail care for men

Male Manicure ~ £27.00
Male Pedicure ~ £27.00

Kerstin Florian treatments featured are also suitable for men.

Tylney Hall Pamper Days

All pamper days include:

- Use of the Gymnasium, Swimming Pool, Whirlpool, Sauna, Tennis Courts, Mountain Bikes and Jogging Trails
- Woodland walks in 66 acres of grounds
- Welcome drink and light lunch with fruit juice
- Use of Towels, Robe and Slippers

Relaxing Day

A day to relax, unwind and ease away the stresses of everyday life. Back, neck, shoulder and scalp massage (after the first trimester of pregnancy) or Indian Head massage and Express facial.

£100.00

Mother-to-be Day

Enjoy some time to rest, relax and indulge before your new arrival. Enjoy our Mother-to-be treatment which takes care of your body and facial pregnancy needs followed by a Tylney Manicure or Pedicure.

£135.00 (Not recommended until after the first trimester of pregnancy)

Indulgence Day

Take some time for yourself and be completely indulged with treatments from top to toe. Back, neck, shoulder and scalp massage (after the first trimester of pregnancy) or Indian Head massage, Classic Tylney Facial, Manicure or Pedicure. To finish your day Champagne Afternoon Tea in our lounges.

£175.00

Signature Days / The Ultimate Pamper Day

Taking all the elements of the Tylney Hall signature experiences including Body*, hand, foot and facial treatments to create a truly unique and blissful experience. (Not recommended during pregnancy)

£199.00

** Guest have a choice of three body treatments available, Kerstin Florian Organic Aromatherapy Massage, The Ultimate Garden of Dreams Ritual or the Organic Moor Mud Wrap.*

Please note there is limited availability at the weekends, so pre-booking is recommended.

Treatment Notes

Spa Etiquette

- Please arrive 15 - 20 minutes before your treatment time. This allows for completion of a medical form and for your treatment to begin on time. Late arrival will limit the time of the treatment and in some cases the appointment may need to be rescheduled. Treatments will end on time so that other guests are not inconvenienced.
- In order to retain a peaceful atmosphere and for consideration to others, we request that mobile phones be turned off or put on silent and conversations are kept quiet when within the treatment area.
- We can provide a robe and slippers if required, during the treatment you will be draped with towels to ensure your privacy.
- Men will be asked to retain undergarments or swimwear for discretion.
- Know that you are in a professional environment and do not expect anything other than therapeutic, salon services.
- Communicate your preferences during treatments so that therapists can adjust to your requirements.

Gift Vouchers are available from reception or online.
www.tylneyhall.co.uk/gift

Tylney Hall

HOTEL, HAMPSHIRE

★★★★

Tylney Hall Hotel

Rotherwick, Hook, Hampshire, RG27 9AZ

Telephone: +44 (0)1256 764881

Fax: +44 (0)1256 768141

E-mail: reservations@tylneyhall.co.uk

Website www.tylneyhall.com

Terms and conditions

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